



SOUTH EAST MANIPUR COLLEGE, KOMLATHABI

ANNUAL SPORTS MEET

Theme “Sports for All: Towards Peaceful and Inclusive Societies”

28th to 31st October, 2024

Day 1 – 28th October

OPENING CEREMONY			
TIME	EVENTS	CATEGORY	HOUSE
9:30 am	Football	Girls	White Vs Blue
			Red Vs Yellow
12:00 Noon	100m Race	Boys	All the Houses (3 participants each)
		Girls	
12:30 pm	Football	Boys	Red Vs Yellow

Day 2 – 29th October

TIME	EVENTS	CATEGORY	HOUSE
9:30 am	Volleyball	Boys	Blue Vs Yellow
		Girls	White Vs Red
		Boys	White Vs Red
		Girls	Blue Vs Yellow
12:00 Noon	Tug of war	Boys	All the houses (9 Participants each) 1 st - Yellow Vs White 2 nd - Red Vs Blue
		Girls	All the houses (9 Participants each) 1 st - White Vs Blue 2 nd - Yellow Vs Red
12:30 pm	Football	Boys	White Vs Blue

Day 3 – 30th October

TIME	Events	Category	House
9:30 am	Volleyball 3 rd Place	Boys	Vs
		Girls	Vs
	FINAL	Boys	Vs
		Girls	Vs
11:30 am	400m Race	Boys	All the Houses (3 participants each)
		Girls	
12:00 Noon	400m Relay Race	Boys	All the Houses (4 participants each)
		Girls	
12:30 pm	Football 3 rd Place	Girls	
		Boys	

Day 4 – 31st October

TIME	EVENTS	CATEGORY	HOUSE
6:00 am	Marathon	Boys (Starting Point Heibunglok Village Gate)	Minimum 20 Participants each (both Boys & Girls)
		Girls (Starting Point Khukthar Village Gate)	
10:00 am	Shot Put	Girls	All the Houses (4 participants each)
		Boys	
11:00 am	Tug of War	3 rd Place Girls	Vs
		3 rd Place Boys	Vs
		Girls FINAL	Vs
		Boys FINAL	Vs
12:30 pm	Football FINAL	Girls	Vs
		Boys	Vs
CLOSING CEREMONY			