

DUHE/12/2025-DUHE-DU&HE  
GOVERNEMENT OF MANIPUR  
DIRECTORATE OF UNIVERSITY & HIGHER EDUCATION

Imphal, the 18<sup>th</sup> June 2025

To

The Principal  
All Government and Government Aided colleges of Manipur

**Subject: Celebration of 11<sup>th</sup> International Day of Yoga (IDY), 2025-reg.**

Sir/Madam,

I am to enclosed herewith a copy of letter F/No. UHE-105/1/2022-THE-DHTE-Part(2) dated 11.06.2025 from Joint Secretary (Hr.& Tech. Edn.) Government of Manipur on the subject mentioned above and request you to take appropriate action to actively participate and arrange for conducting **11<sup>th</sup> International Day of Yoga (IDY) on Saturday, the 21<sup>st</sup> June 2025** on a mass scale synchronized with the main event led by Hon'ble Prime Minister of India.

2. It is also requested kindly to strictly compliant to Para no. 3, 4 & 5 of enclosed D.O No. 29-2/205-S&S dated 22.05.2025 from Secretary, Ministry of Education, Department of Higher Education, Government of India addressed to the Commissioner (Hr. & Tech. Edn) Government of Manipur.
3. ATR on the celebration of IDY-2025 shall be submitted to the Directorate of University & Higher Education, Government of Manipur (in both soft & hard copy) latest by **25/06.2025**.

Encl; As stated

Yours Faithfully



(L.Radhakanta Singh)

Director of Univ & Higher Education  
Government of Manipur

Copy to:

1. Staff Officer to Chief Secretary, Government of Manipur
2. PS to Commissioner, (Hr. & Tech. Edn), Government of Manipur
3. Principal, All Govt & Govt. Aided Colleges of Manipur
4. Guard File.

F/No. **UHE-105/1/2022-HTE-DHTE-Part(2)**  
GOVERNMENT OF MANIPUR  
SECRETARIAT: HIGHER & TECHNICAL EDUCATION DEPARTMENT

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Imphal the 11th June, 2025

To

1. The Director, University & Higher Education, Manipur
2. The Registrar, Manipur Technical University, Imphal.
3. The Registrar, Dhanamanjuri University, Imphal.
4. The Controller, Technical Education, Manipur.

**Subject: - Celebration of 11th International Day of Yoga (IDY), 2025 - reg.**

Sir,

I am directed to enclose herewith a copy of D.O. No. 29-2/2025-S&S dated 22.05.2025 from Secretary, Ministry of Education, Department of Higher Education, Government of India addressed to the Commissioner (Hr.& Tech.Edn.), Government of Manipur on the subject mentioned above and to request you to take appropriate action to actively participate and arrange for conducting CYP on 21.06.2025 on a mass scale synchronized with the main event led by Hon'ble Prime Minister of India.

2. It is also requested to attend the VC regarding Celebration of 11th International Day of Yoga (IDY), 2025 to be held **on 12.06.2025 at 02:00 PM** to discuss the celebration of IDY 2025 by visiting the following link:

Meeting link:

<https://aicteindia.webex.com/aicteindia/j.php?MTID=m9708ac2246f37699a4848513f3ffe3b0>

Meeting number:                      Meeting password:  
2517 040 2463                              825463

**Enclosed:** As stated above.

Yours faithfully,

Digitally signed by

David Elangbam

Date: 11-06-2025 16:41:07  
**(Dr.David Elangbam)**

Joint Secretary (Hr. & Tech. Edn.),  
Government of Manipur

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**Copy to:**

1. PS to Commissioner (Hr. & Tech. Edn.), Government of Manipur.
2. Guard File



सत्यमेव जयते

डॉ. विनीत जोशी, भा.प्र.से.

सचिव

Dr. VINEET JOSHI, IAS  
Secretary

Tel. : 011-23386451, 23382698

E-mail : secy.dhe@nic.in

भारत सरकार  
Government of India  
शिक्षा मंत्रालय  
Ministry of Education  
उच्चतर शिक्षा विभाग  
Department of Higher Education

127 'सी' विंग, शास्त्री भवन, नई दिल्ली-110 001  
127 'C' Wing, Shastri Bhawan, New Delhi-110 001

D.O. No. 29-2/2025-5&5

New Delhi, the 22<sup>nd</sup> May, 2025

Dear Ma'am/Sir,

As you may be aware, we have successfully completed a decade of celebrating the International Day of Yoga (IDY), and in 2025, we are celebrating the 11<sup>th</sup> IDY in a truly global and inclusive manner, with the cooperation of all stakeholders.

2. As part of IDY 2025, to mark this significant milestone, the Ministry of Ayush has curated a series of activities spread over a 100 day-period up to June 21, 2025. These events are designed to extend the benefits of Yoga to people everywhere.

3. 'Yoga Sangam' is the flagship IDY event, featuring mass Yoga demonstration based on the Common Yoga Protocol (CYP). The event will be conducted simultaneously across 1,00,000+ locations across India on 21<sup>st</sup> June 2025 from 7 AM – 7:45 AM. The event will be led by the Hon'ble Prime Minister of India. In this connection, in the first instance, all the State/UTs Higher Educational Institutions are required to register as an organiser on the Yoga portal (<https://yoga.ayush.gov.in/yoga-sangam>) and conduct a 'Yoga Sangam' event on 21<sup>st</sup> June, 2025 at their respective institutions. The video link [https://youtu.be/bCw\\_Ug00IEs?si=dh-TxnpYs7yRRui](https://youtu.be/bCw_Ug00IEs?si=dh-TxnpYs7yRRui) may be referred for ease of registration.

4. The relevant details for organizing the event including the SOPs, videos on CYP, branding collaterals etc. can be found at [https://drive.google.com/drive/folders/1fl\\_e8mqwoh7yZel6GYUsfdvpcHUIOIEL](https://drive.google.com/drive/folders/1fl_e8mqwoh7yZel6GYUsfdvpcHUIOIEL).

5. The State / UTs HEIs may also be requested to visit the Yoga portal (<https://yoga.ayush.gov.in/>) post event (on or after 21<sup>st</sup> June, 2025) and submit the post-event survey form such as the number of participants and images from the event. Organisers will be felicitated for the successful execution of their 'Yoga Sangam' event by Ministry of Ayush. Certificates will be sent to the registered email address of organisers after they submit their post-event survey forms. HEIs may write at [idy.coordination@gov.in](mailto:idy.coordination@gov.in) for further information or clarifications, if any.

6. You are kindly requested to take appropriate action and issue necessary instructions to the HEIs in your State/UT to actively participate and arrange for conducting CYP on 21.6.2025 on a mass scale in their campuses synchronized with the main event led by Hon'ble Prime Minister of India.

With regards,

Yours sincerely,

  
(Dr. Vineet Joshi)

Additional Chief Secretary / Pr. Secretary / Secretary  
Department of Higher / Technical Education  
of all State Governments / UTs

## Standard Operating Procedure (SOP) for Organising 'Yoga Sangam' event

Ministry of Ayush | International Day of Yoga (IDY) 2025

### Flagship Signature Event: Yoga Sangam

#### Purpose

The SOP provides comprehensive guidelines to event organisers for the successful planning, management, and documentation of the 'Yoga Sangam' event. This is an indicative SOP, and all guidelines are not mandated. Organisations may adapt according to the local safety, health guidelines and other procedural requirements.

#### Event Details

'Yoga Sangam' is the flagship Signature Event of the International Day of Yoga (IDY) 2025. Other nine IDY Signature Events are designed to add to the buildup of Yoga Sangam.

'Yoga Sangam' is a special effort to mark the occasion of the 10<sup>th</sup> Anniversary of the IDY observation, aiming to expand yoga's grassroots reach, and to ensure that everyone can access its benefits. Taking place on 21<sup>st</sup> June 2025, it will be a groundbreaking initiative unfolding a synchronised, yet distributed mass yoga demonstration at 1,00,000 locations across India.

#### Scope

This SOP applies to all partner organizations, including Government organisations, educational institutions, private entities, Resident Welfare Associations (RWAs), NGOs, community groups, and other parties conducting 'Yoga Sangam' event across India.

#### Objectives of Yoga Sangam

- **National Integration:** By bringing together participants from diverse backgrounds, regions, and cultures, Yoga Sangam will foster national unity and societal harmony.
- **Health and Wellness:** The event will inspire people to incorporate yoga into daily life, enhancing the nation's overall health and wellness.
- **Cultural Heritage:** Celebrating India's rich legacy, Yoga Sangam will reinforce the country's role as the global focal point of yoga.
- **Awareness and Accessibility:** Yoga Sangam is dedicated to promoting yoga's benefits and ensuring it is accessible to all, regardless of socio-economic status.

#### Pre-Event Activities

Activity	Description
Registration	<ul style="list-style-type: none"><li>• Register for the event as organisers on the Yoga portal (<a href="https://yoga.ayush.gov.in/yoga-sangam">https://yoga.ayush.gov.in/yoga-sangam</a>) and submit all necessary information</li></ul>

Overall Co-ordination	<ul style="list-style-type: none"> <li>• Coordinate with local authorities (if required) for organising the event</li> <li>• Finalise the list of participants for the event</li> <li>• Send special invites to chief guests, if required</li> </ul>
Venue and Event Planning	<ul style="list-style-type: none"> <li>• Finalise medium to large sized venue with green spaces</li> <li>• Clean sweep venue before the event</li> <li>• Ensure branding of the venue as per guidelines issued by the Ministry of Ayush</li> <li>• Partner with a trained/certified yoga instructor to lead others in Common Yoga Protocol (CYP). You can reach out to institutions like Ayushman Arogya Mandir (AAM), International Yoga Association (IYA), and Yoga Certification Board (YCB) for support on training on CYP.</li> <li>• Ensure provisions for first aid support and emergency response</li> </ul>
Social media	<ul style="list-style-type: none"> <li>• Share the registration message- “We are happy to share that we have registered to organise the ‘Yoga Sangam’ as part of #IDY2025. You can also become a ‘Yoga Sangam’ organiser by visiting <a href="https://yoga.ayush.gov.in/yoga-sangam">https://yoga.ayush.gov.in/yoga-sangam</a> and be a part of this movement #YogaforOneEarthOneHealth”</li> <li>• Follow the social media channels of the Ministry of Ayush- Instagram: <a href="https://www.instagram.com/ministryofayush/">https://www.instagram.com/ministryofayush/</a> Facebook: <a href="https://www.facebook.com/moayush/">https://www.facebook.com/moayush/</a> X : <a href="https://x.com/moayush/">https://x.com/moayush/</a> YouTube: <a href="https://www.youtube.com/@MinistryofAyushofficial">https://www.youtube.com/@MinistryofAyushofficial</a></li> </ul>

### Activities on event day (7 AM – 7:45 AM, 21<sup>st</sup> June 2025)

Activity	Description
Distribute Yoga Kits	<ul style="list-style-type: none"> <li>• Distribute yoga accessories (such as yoga mats, caps, etc) to participants – if applicable</li> </ul>
Opening Session	<ul style="list-style-type: none"> <li>• Deliver a welcome speech and offer a brief overview of IDY vision and the structure of the event.</li> <li>• Request the chief guests to deliver a message, as deemed appropriate</li> </ul>
Participant Assembly	Group participants with appropriate physical distancing
Yoga Session	Conduct yoga as per the CYP at the venue from 7 AM – 7:45 AM. If introductory speeches/live streaming of Honourable Prime Minister’s IDY address is planned, the event may start at 6:30 AM
Photography	Capture videos, photos
Social media	Live stream the event and share photos on social media channels
Closing Session	Deliver a gratitude speech and thank chief guests and participants for their support and association

## Post-Event Activities

Activity	Description
Clean-up	Ensure that the location is cleared after the event and waste, if any, is managed sustainably
Post-event survey	Upload event details such as the number of participants and images on the Yoga portal (yoga.ayush.gov.in)
Social media	Upload photos, videos, reels on social media channels

## Support from the Ministry of Ayush

- Provision of official branding guidelines
- Online training material
- Information regarding the availability of CYP trainers in organiser's locality, if required.
- Digital promotion through official platforms.
- Coordination support from AAM, IYA, and YCB.

Certificates will be awarded to the organisers in recognition of their successful execution of the 'Yoga Sangam' event.

*(For further information or clarifications, you may write to us at [idy.coordination@gov.in](mailto:idy.coordination@gov.in).)*